



Workers' Compensation Central Post Office

You may be entitled to workers' compensation benefits if you are injured or become ill because of your job. Workers' compensation covers most work-related physical or mental injuries or illnesses that result from a specific event or by repeated exposures (such as hurting your wrist from doing the same motion over and over).

Workers' Compensation Benefits. Workers' compensation benefits include:

- **Medical Benefits:** Medical costs, hospital services, physical therapy, and other medical services that are necessary to treat your injury or illness. You may also be entitled to a permanent and stationary medical report. There are limits on the number of physical therapy sessions you can receive.
- **Temporary Disability (TD) Benefits:** If you are unable to work because of your injury or illness, you may be eligible for TD benefits. TD benefits are paid for up to 104 weeks from the date of injury.
- **Permanent Disability (PD) Benefits:** If you are unable to work because of your injury or illness, you may be eligible for PD benefits. PD benefits are paid for the remainder of your life if your injury causes a permanent loss of physical or mental function that a doctor can measure.
- **Supplemental Job Displacement Benefits:** A nontransferable voucher, if you are injured on or after 1/1/2004, that provides training or education to help you find new employment if you are unable to return to your previous job.

Naming Your Own Doctor

thousand dollars, consistent with the applicable

file a complaint against the MPN or the MPN